

Q1.

What is the correct arrangement of Maslow's hierarchy of needs from bottom to top of the hierarchy?

Shade **one** circle only.

- | | | |
|----------|--|-----------------------|
| A | Physiological, Safety, Love/belongingness, Esteem, Self-actualisation. | <input type="radio"/> |
| B | Physiological, Safety, Love/belongingness, Self-actualisation, Esteem. | <input type="radio"/> |
| C | Safety, Physiological, Love/belongingness, Esteem, Self-actualisation. | <input type="radio"/> |
| D | Safety, Physiological, Love/belongingness, Self-actualisation, Esteem. | <input type="radio"/> |

(Total 1 mark)

Q2.

Karishma has very low self-esteem, even though she achieved very high GCSE grades. She would like to be a lawyer. Although she is studying A-levels, she has delayed her application to university because she does not think she will receive any offers. She does not think she is clever enough to study law.

- (a) Explain why a humanistic psychologist would suggest that Karishma is not displaying congruence.

(2)

- (b) Explain how a humanistic psychologist might help Karishma to achieve congruence.

(3)

(Total 5 marks)

Q3.

Discuss self-actualisation **and/or** conditions of worth in explaining human behaviour.

(Total 8 marks)